

## Chives Montessori Menu - June 2023

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Weetabix with milk & Raisins	Crumpets with jam, honey or marmalade	Porridge with jam or raisins	Toast with butter, marmite or jam	Cheerios with milk or fruit
Drink	Milk or water	Milk or water	Milk or water	Milk or water	Milk or water
Mid-Morning Snack	Fresh Fruit & Cracker Milk/Water	Fresh Fruit & Breadstick Milk/Water	Fresh Fruit & Cheesy Biscuit Milk/Water	Fresh Fruit & Rice Cake Milk/Water	Fresh Fruit & Raisins, Sultanas or Currants Milk/Water
Lunch	Starter: Carrots & Cheesy Chive Dip  Main: Lemony Fish Pie, Mini New Potatoes & Fresh Salad Fish pie no sauce	Main: Carrot, Sweet Potato and Tomato Bolognese & Fresh Vegetables  Pudding: Fresh Fruit Salad	Starter: Cucumber Sticks and Houmous Dip  Main: Three Bean Chilli with Rice & Sweetcorn	Main: Macaroni Cheese & Fresh Vegetables Gluten Free Mac'n'cheese  Pudding: Homemade Shortbread	Starter: Garlic Naan Bread with Mango Chutney Gluten Free Pitta Main: Chicken Curry with Rice & Peas Quorn Pieces
Afternoon Tea	Cheese & Cucumber Sandwiches	Homemade banana muffins	Strong Root Pieces	Homemade Vegetable Muffins	Homemade Soup with Fresh Brown Bloomer Bread